

Scan below with your phone to  
To sign up for FORMED



#### **PARISH STAFF**

Rev. Msgr. Frank G. Del Prete  
Pastor, ext. 302

Rev. Martin Rooney  
Weekend Assistant

Maureen Straut  
Office Administrator, ext. 301

Luis Alfredo Lozano, Pastoral Assoc.  
Christine Ferreri, Pastoral Assoc.  
Dr. Melody Chen, Director of Music

#### **RELIGIOUS EDUCATION**

Amanda Perfetti, M.Ed, M.S.

#### **CATHOLIC EDUCATION**

Please see Archdiocese of Newark  
website for information on Catholic  
Schools at rcan.org.

## *St. Gabriel the Archangel Catholic Church*

88 EAST SADDLE RIVER ROAD  
SADDLE RIVER, NJ 07458  
(201) 327-5663 — (201) 327-7881  
[WWW.STGABRIELSR.ORG](http://WWW.STGABRIELSR.ORG)

EMAIL: [OFFICE@STGABRIELSR.ORG](mailto:OFFICE@STGABRIELSR.ORG)

Like us on Facebook at [StgabrielSr](https://www.facebook.com/StgabrielSr)



#### **MASSES:**

Weekdays: 9:00 AM (including Saturday) — (Summer)

Monday and Friday: 9:00 AM

Tuesday, Wednesday and Thursday: 6:30AM and 9:00 AM — (Winter)

Saturday Evening: 5:00 PM

Sundays: 8:00 AM, 10:00 AM, 11:30 AM and 6:00PM (Sept. - May)

Holy Days: Please see bulletin for schedule

#### **PENANCE:**

Saturday: 4:00-5:00 PM. At the Parish anytime by appointment. Communal Celebration of Penance periodically throughout the year.

#### **BAPTISMS:**

Our parish family rejoices in the birth of your children. To prepare for baptism, parents are expected to attend one preparation meeting. Please call the parish office for the schedule of preparation meetings and Baptism celebration.

#### **MARRIAGES:**

Our parish is honored to host your marriage celebration. In order to accomplish all of the necessary preparations, arrangements should be made with one of the priests at least one year in advance. Pre-Cana and God's Plan for a Joy-Filled Marriage classes can be arranged through the Family Life Office of the Archdiocese of Newark at [www.rcan.org](http://www.rcan.org).

#### **MINISTRY TO THE SICK:**

For those of advanced age or seriously ill, Holy Communion will be brought to the home of any person permanently or temporarily homebound. Please contact the parish office.

#### **PARISH MEMBERSHIP:**

Please register at the parish office. This is a wise way of acquiring a sense of belonging to our Parish Community.

## From the Pastor

“This is my beloved Son. Listen to him.” And listen they did. From that moment on, Peter, James, and John were ardent followers, forsaking everything to follow in their Master’s footsteps. Like the psalmist crying, “O Lord, I am your servant,” the three disciples committed themselves to lives of incredible hardship and indescribable joy. After that day on the mountain, they never again wavered in their chosen vocation.

Though our tests may not be as severe as Abraham’s and our peak experiences not as dramatic as the Transfiguration, we all face the daily challenges of walking “before the Lord in the land of the living.” As we follow our varied calls to love and serve, let’s be comforted by Paul’s reminder to the Romans: “If God is for us, who can be against us?”

Peace and stay safe,  
Fr. Frank

### THE KNIGHTS CORNER



The results are in and we couldn’t be more grateful! Due to the support of our faithful fellow parishioners, the Knights raised over \$1,500 at our recent chocolate sale. Thank you so much!

On February 11<sup>th</sup> we celebrated World Marriage Day. I’d like to share some thoughts from our worldwide leader, Supreme Knight Patrick E. Kelly:

*“Being a wife of an active, engaged Knight takes patience, teamwork, sacrifice, and an understanding heart. It isn’t easy, but it is worthwhile because our mission is worthy... The wife of a Knight is truly a “woman of worth”. The Book of Proverbs affirms: “When one finds a worthy wife, her value is far beyond pearls. Her husband, entrusting his heart to her, has an unfailing prize”. We should all have gratitude in our hearts and – importantly – on our lips for all that our wives do for us, for the Order, and for the Church.*

The Saint Gabriel Knights want to thank all our wives, living and deceased, for their constant love and support! You are our “unfailing prizes”.

**Did you know?** One of the most common things to give up for Lent is sugar! Not only will removing sweet treats from your diet help your health, but the sugar withdrawal will also be a good reminder that only God truly sustains us.

If you are interested in joining the St. Gabriel’s Knights of Columbus, contact a current member or send us an email at [knights@stgabrielSr.org](mailto:knights@stgabrielSr.org).

### OUR PARISH COMMUNITY PRAYS FOR:

#### Our sick and homebound:

Salvatore Averso  
Daniel Castillo  
Dawn Conguisti  
Ada Fields  
Meg Gallagher  
Grace Gilbert  
Bill Hamilton  
Bob Kleinknecht  
Joan Massotti  
George Parowski  
John Rusin  
Nicole Trotta

### ANNIVERSARY LITURGIES

The anniversary liturgies will be held in the Cathedral Basilica of the Sacred Heart in Newark. The liturgies will be celebrated by Cardinal Joseph Tobin.

Anniversary Liturgies  
5 years & 25 years May 5, 2024 at 12:00 PM –  
50 years June 2, 2024 at 12:00 PM

Forms can be obtained in the parish office and can be mailed or simply email the needed information to [familylife@rcan.org](mailto:familylife@rcan.org).

### DURING LENT

Attend a Stations of the Cross service or pray them on your own. Find them here: [www.usccb.org](http://www.usccb.org).

Give others the gift of your presence; ask about their work, interests, or family, and listen attentively while they speak.

Volunteer at a retirement community. Call ahead and ask how you can serve (e.g. reading to the residents, donating needed items).

### HELP US TO STAY IN TOUCH WITH YOU

The parish uses a communication system called Flocknote to send email and text messages to parishioners. Flocknote has been an important way for us to stay in touch with you during the pandemic. If you have not been receiving emails or texts from the parish and would like to receive them, please call the parish office at (201) 327-5663 to give your contact information.

### FINANCIAL REPORT

The amount of the collection for February 18 was not available at the time the bulletin went to press and will be reported to you at a later date. Thank you for your generosity and God bless you and your families.

## SECOND SUNDAY OF LENT

### 2024 LENTEN REGULATIONS



The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the “paschal fast” to honor the

suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.

On a day of Fast, only one (1) full meal is permitted **and two (2) smaller meals which if added together, would not exceed the main meal in quantity.**

Those between the ages of 18 and 59 are obliged to fast.

On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

The obligation to observe the laws of Fast and Abstinence “substantially”, or as a whole, is a serious obligation.

3) The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

4) The time for fulfilling the Paschal Precept (Easter Duty\*) extends from the **First Sunday of Lent, February 18, 2024, to The Solemnity of the Most Holy Trinity May 26, 2024.**

\*Canon 920, 1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

### ST. GABRIEL THE ARCHANGEL ADULT FAITH FORMATION Studies The AUGUSTINE INSTITUTE PRESENTATION OF THE SEARCH



During the Season of Lent, join us in the Parish Center Meeting Room as we view together and discuss seven sessions of The Search during which we are asked, What is this journey in between the event we call “birth” and the one we call “death”? Is the journey taking you somewhere, or are you leading yourself to some kind of destination – a destination that could extend beyond your last breath? What do you want from your life during the in between? The questions are there. And the answers are too.

Session 1- What do you seek?

Session 2- Who are you?

Session 3- Why a God?

Session 4- What’s our story?

Session 5- Who is Jesus?

Session 6- Am I saved?

Session 7- Why a Church?

Fr. Frank on Tuesday Mornings – 2/6, 2/13, 2/20, 2/27, 3/5, 3/12, 3/19 after 9:00 a.m. Mass

Christine Ferreri on Wednesday Evenings – 2/7, 2/14, 2/21, 2/28, 3/6, 3/13, 3/20 at 7:30 p.m.

To register, contact Maureen at the Parish Office at 201-327-5663 or Christine Ferreri at [cferreri@stgabriele.org](mailto:cferreri@stgabriele.org) to sign up for the session you will primarily attend, although you may attend either session if you miss the primary session. Provide the name of those attending, and a phone number and email address as contact information.

### 50/50 RAFFLE TO BENEFIT FAMILY PROMISE OF BC



Family Promise of Bergen County’s 50/50 Raffle is a fun way to support programs that have a BIG impact on neighbors in need. The first-place winner will receive

25% of the proceeds up to \$25,000, plus there will be 16 additional cash prizes. The best part is that all proceeds help fund programs that provide temporary housing and life-changing support to working families experiencing and at risk of homelessness, and that address hunger in our communities.

The raffle drawing will take place on March 21st – so act soon! We will contact the winners and post the winning ticket numbers on our social media pages and website (open camera and click here to access): Tickets are \$100 each and can be purchased with a credit card by calling Family Promise at 201-833-8009 or by mailing a check along with the order form available on our website: [www.bergenfamilypromise.org/raffle](http://www.bergenfamilypromise.org/raffle)

THIS SPRING, JOIN  
**ST. JOSEPH'S SEMINARY**  
for online and in-person  
degree and certificate programs in  
**Catholic Theology!**  
Registration for Spring 2024 is Open!  
[www.dunwoodie.edu](http://www.dunwoodie.edu)

**Theology Degree and Certificate Programs**  
100% ONLINE OR IN PERSON  
Prepares for an academic or ministerial career, or grow intellectually and spiritually in the Catholic faith for personal enrichment. Our classes are:  
• Conveniently Scheduled  
• Faithful to Church Teaching  
• Affordable  
• Synchronous online - Interact with professors and students in real time!

**Post-Baccalaureate Certificate in Theology**  
100% ONLINE OR IN PERSON  
Designed to provide a graduate-level understanding of the Catholic faith via a convenient 18-credit program.  
Perfect for:  
• Directors and Coordinators of Religious Education and Sacraments  
• Catechists and Catholic School Teachers  
• Coordinators and Catechists for Initiation Ministry (ICIA)  
• Youth Ministers  
• Catholic adults looking to explore the richness of their faith!

**CONTACT ADMISSIONS NOW!**  
☎ 914 367 8145 ✉ [sjsacademics@dunwoodie.edu](mailto:sjsacademics@dunwoodie.edu)

*FEBRUARY 25, 2024*

---

# Mass Intentions

## **SATURDAY, February 24, 2024**

9:00 AM Richard Dodd  
5:00 PM Richard Cancilla

## **SUNDAY, February 25, 2024**

8:00 AM Peter Marron, Jr  
10:00 AM Louis Nepote  
11:30 AM Susan Keane  
6:00 PM Sonia Sepulveda

## **MONDAY, February 26, 2024**

6:30 AM For the People of the Parish  
9:00 AM Mary Walsh (Living Intention)

## **TUESDAY, February 27, 2024**

6:30 AM For the People of the Parish  
9:00 AM Frank Del Prete Jr.

## **WEDNESDAY, February 28, 2024**

6:30 AM Belinda DeFlorio  
9:00 AM For the Holy Souls &  
Special Intention

## **THURSDAY, February 29, 2024**

6:30 AM Christopher Maita  
9:00 AM Delores Graham

## **FRIDAY, March 1, 2024**

6:30 AM For the People of the Parish  
9:00 AM Emma Forino

## **SATURDAY, March 2, 2024**

9:00 AM Paul Doherty  
5:00 PM Paul Doherty

## **SUNDAY, March 3, 2024**

8:00 AM Jose Ampudia  
10:00 AM Joseph Hyde  
11:30 AM Paul S. Doherty  
6:00 PM People of the Parish



The Sanctuary Lamp at the Blessed Sacrament will be lighted during the week of February 25 for Kathryn Di Guglielmo requested by Michael & Lisa Pisano and family.

The Altar Bread and Wine consecrated during the week of February 25 for Kathryn Di Guglielmo requested by Michael & Lisa Pisano and family.

### FREE Pest Control Service

Call John, Kapture Pest Control, at **201-630-8000**, mention that you're a **parishioner** to get your first pest control service free w/ any 12-mo plan (**\$229 value**).



## Melody Zima

Re/Max Hall of Fame  
Distinguished Sales Club  
35+ Years Experience  
CIPS

Broker Associate

Give Melody a Jingle!

**RE/MAX**  
PROPERTIES  
SADDLE RIVER

201-825-6600x315  
Cell: 201-788-4347  
melodyzima@gmail.com

### ADT-Monitored Home Security

Get 24-Hour Protection  
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



SafeStreets

833-287-3502

## Place Your Ad Here and Support our Parish!

Instantly create and purchase an ad with

**AD CREATOR STUDIO**



4lpi.com/adcreator

## ROOFING • CHIMNEYS MASONRY • GUTTERS

*We Find & Fix Leaks!*



**EXPERT CHIMNEY & ROOFING**

**\$800 OFF**

Any New Roof Replacement

**15% OFF**

Any Roof, Chimney, Gutter, Masonry Repair & SENIORS

Family Owned/Operated - Lic.#13VH11097900  
Bonded & Insured - 20 Years | *Serving All of New Jersey*

732-520-9554 | [www.expertchimneyroofing.com](http://www.expertchimneyroofing.com)



St. Gabriel, Saddle River, NJ

03-0374

# BECKER FUNERAL HOME

219 KINDERKAMACK ROAD  
WESTWOOD, NJ  
201-664-0292



www.Becker-funeralhome.com

MARTIN O. SEITZ  
MANAGER  
NJ LIC. NO. 3889

JENNIFER TAPIA  
ADVANCED PLANNING DIRECTOR  
NJ LIC. NO. 4821

THOMAS G. POLITO  
DIRECTOR  
NJ LIC. NO. 4268



A BETTER CAR AND LIMO SERVICE  
AIRPORTS • CITY • LOCAL

Tim O'Reilly • Peter O'Reilly  
201-664-3326

**CHAUFFEURS NEEDED  
WORK WITH US**



## MARINO'S PLUMBING, INC.

Heating & A/C  
Service & Installations

Serving Bergen  
& Passaic Counties  
Bonded and Insured

Parishioner  
Vincent Marino

NJ Plumbing Lic.# 10459  
Office: (973) 772-3223  
(201) 612-8142

# TOP OF THE LINE CONTRACTING

*We do Quality Work...*

Custom Homes, Additions & Interior Remodeling  
Kitchens & Bathrooms, Generators  
Free Estimates - Fully Insured

**Robert Mattessich**  
Parishioner

201-493-9340

topofthelinecontracting.com

NJ Contractor License # 13VH00695000  
NJ Builders License # 038797



## AMAZING CLEAN!

By Luisa | CLEANING LADY

Owner Operated Crew with Over 10 Years Combined Experience

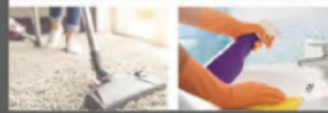
### Services

- All Fixtures
- Countertops / Surfaces
- Furniture
- Vacuum / Disinfect Floors
- Mop & Deep Clean Living Areas Including: Kitchen, Dining Area, Bathrooms & Bedrooms.

201.916.6565

\*\*\* WE SUPPLY VACUUM CLEANER \*\*\*  
AND CLEANING SUPPLIES

Friendly, Responsible and Trustworthy! Excellent References  
Northern New Jersey & Vicinity  
De Hable Espanol  
luisastrunk55@gmail.com



GOLDEN YEARS  
HOMECARE  
AGENCY LLC

**Personalized and Affordable  
In-Home Care Services**  
Meal Preparation  
Ambulatory Assistance • Bathing  
Dressing/Grooming • Running Errands  
Light Housekeeping  
**CALL 908-801-9083**  
www.goldenyearhca.com

## Your Good Neighbor Dealer



European image shown.



Mercedes-Benz  
of Paramus

755 Route 17 S, Paramus, NJ  
201-597-7100

MercedesBenzParamus.com

## LET'S GROW YOUR BUSINESS

Place Your Ad Here  
and Support Our Parish!

**CONTACT ME**  
**Douglas Shaller**

dshaller@4LPi.com or  
(800) 477-4574 x6458

## DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?



Engaging,  
ad-supported  
print and digital  
newsletters to reach  
your community.



Scan to  
contact us!

Visit [lpicomunities.com](http://lpicomunities.com)

